

### **National Geographic Magazine Article**

Please read one issue of **National Geographic** (any date) and write one 3"x5" card (both sides) on one article of interest. Please include author, date, title and page numbers, a short summary and your overall impressions. You may choose any other magazine that has an article either related to Geography or travel. Good sources include **Sunset, Country, Westways, Readers Digest, Newsweek, Sierra**, or many others. Again, submit a 3" x 5" card.

### **Ethnic Restaurant Review**

Please visit an ethnic restaurant of your choosing other than Mexican or "American/continental" cuisine, and write one 3"x5" card (both sides) about your menu selections and overall impressions. Please include restaurant name, address, city/location, and date you visited the restaurant. Again, submit a 3" x 5" card.

### **TV Program Report**

You are to watch two TV programs on either Geography or Travel and write a summary and opinion on one 3"x5" card (both sides) about what you learned and overall impressions. Some suggested programs include "Rick Steves' Travels in Europe", Ewell Houser's "California Gold", "Globe Trekker", "Postcards from Buster", or anything on the National Geographic Channel, Travel Channel, or AWE Channel. Many programs on PBS, A & E, Discovery or the History Channel will also qualify. Please include the date and time of the program, and the channel it was on. Remember to write what you thought about the program, what you found interesting, and what you learned from watching it. Again, submit a 3" x 5" card.

### **Video or Movie Review**

Please view either a movie or video about a foreign country, multicultural relations in the USA, or a movie in a language other than English. Write a 3" x 5" card on your overall impressions and a short summary, including the leading actors if appropriate. Again, submit a 3" x 5" card.

### **Religious Service Experience**

Attend a religious service in a faith or congregation that you normally do not attend. Write a 3" x 5" card with your overall impressions, insights, and commentary. Include the date, time, and location you attended/participated, and who you went with. Again, submit a 3" x 5" card.

### **Food Sources Survey**

Record a menu of all the food and beverages you consume in a two day period. Reflect on where all this food comes from. Write a 3" x 5" card with your overall impressions, insights, and commentary. Include the date, time, approximate amounts of what you ate, and who you ate your meal(s) with. Again, submit a 3" x 5" card.